

University of Pretoria Yearbook 2021

Life design 730 (LOT 730)

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| Qualification | Postgraduate |
| Faculty | Faculty of Education |
| Module credits | 16.00 |
| NQF Level | 08 |
| Programmes | BEdHons Educational Psychology |
| Prerequisites | no prerequisites |
| Contact time | 1 lecture per week |
| Language of tuition | Module is presented in English |
| Department | Educational Psychology |
| Period of presentation | Semester 1 or Semester 2 |

Module content

The Life design module aims to provide an overview of career theories with emphasis on the life design paradigm in a South African career counselling context. This module will equip students with the knowledge and skills required to provide meaningful and relevant career guidance services by applying the principles of major career theories alongside the principles of life design. Students will be introduced to using career information and education to foster career development. Students will learn how to facilitate the process of life design with learners in order to enable them to construct a career in equilibrium with other life demands.

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